

## A personal message from Dr. Nagi

Dear Valued Clients,

As we welcome fall, I'm reflecting on the incredible transformations I've witnessed in our practice. From the mom who finally felt confident in sleeveless tops after her weight loss treatments, to the bride who glowed on her wedding day thanks to our "Picture Perfect" Hydrafacial series—your trust in our evidence-based approach continues to inspire me daily.

This September, we're launching exciting new promotional offers. Whether you're a mom getting back into routine after summer, a professional preparing for Q4, or someone ready to address sun damage before the holidays, we have science-backed solutions tailored just for you.

Combining my background in Family and Obesity Medicine with our aesthetic expertise allows us to address your wellness from every angle—because true confidence comes from feeling amazing inside and out.

Thank you for choosing Allay Med Spa as your partner in this journey. Here's to a season of renewed confidence and beautiful results!

With gratitude,  
Dr. Ravneet Nagi, MD



### Upcoming Event

Be on the look out for more details on our Trick or Treatment event happening this October! More information on this boo-tiful event coming soon!!





## Vi Peel Fall Special

All September | Perfect Timing for  
Holiday Prep

\*Professional VI Peel - \$199

Fall is the ideal time to address summer  
sun damage and prepare your skin for  
the holiday season.

### Perfect For:

- Sun spots and uneven tone
- Acne scarring and texture issues
- Dull, tired-looking skin
- Pre-holiday glow preparation
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Limited time offer - book now!



## "REGENERATE & RENEW" SIGNATURE

Our Most Popular Package

\*SkinPen Microneedling + Plated Exosomes - \$249)

The treatment combination that's transforming  
Katy women's skin at the cellular level.

### Why This Combo Works:

- SkinPen creates precise microchannels
- Exosomes deliver 1 trillion growth factors
- Results continue improving for months
- Addresses multiple skin concerns simultaneously

### Perfect for clients wanting:

- Dramatic texture improvement
- Acne scar reduction
- Anti-aging benefits





## SKINCARE EDUCATION: FALL TRANSITION TIPS

### Dr. Nagi's Guide to Seasonal Skincare Changes

**Why Your Skin Needs Different Care in Fall:** As humidity drops and temperatures cool, your skin's barrier function changes. Here's how to adapt:

#### 1. Hydration Boost

- **Switch to richer moisturizers:** Your summer gel won't cut it anymore
- **Add hyaluronic acid serums:** Lock in moisture before it escapes
- **Don't abandon SPF:** UV rays are still strong, especially with less cloud cover

#### 2. Address Summer Damage

- **Perfect timing for peels:** Your skin is ready to repair and renew
- **Start retinoid products:** Fall is ideal for introducing active ingredients
- **Professional treatments:** Now's the time for more intensive procedures

#### 3. Prepare for Winter

- **Build barrier function:** Strengthen your skin's natural protection
- **Plan ahead:** Book holiday prep treatments now for optimal timing

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## Dr. Nagi's Professional Recommendations:

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**For Sun Damage:** VI Peel series + AlphaRet Overnight Cream **For Aging Concerns:**

SkinPen + Exosomes + Alto Defense Serum

**For Maintenance:** Monthly HydraFacials + consistent home routine

**Product Spotlight: SkinBetter Science Fall Favorites**

- **AlphaRet Overnight Cream:** Perfect for addressing summer damage
- **Alto Defense Serum:** 19 antioxidants for environmental protection

**Client Exclusive: 20% off all SkinBetter Science products this month!**

**Dr. Nagi's Commitment:** "I review new research weekly to ensure we're always offering the most effective, safest treatments available. Your results depend on staying current with the science, and that's a responsibility I take seriously."





## BOOKING & CONTACT INFORMATION



**Ready for Your Next Appointment?**

**Phone: (346)658-5084**

**Online Booking: [www.allaymedspa.com](http://www.allaymedspa.com)**

**Address: 24510 Kingsland Blvd, Katy, TX 77494**

**Office Hours:**

- **Monday - Friday: 9:00 AM - 5:00 PM**
- **Saturday: 9:00 AM - 2:00 PM (select services)**
- **Sunday: Closed**

**Booking Tips for September:**

- **Book early: Fall is our busiest season**
- **Plan ahead: Holiday events approach quickly**
- **Ask about packages: Maximize results and savings**
- **Consider financing: Start your transformation now**





## THANK YOU FOR YOUR TRUST

### A Note of Gratitude

Your trust in our practice means everything to us. Every day, we're honored to be part of your confidence journey and witness the transformations—not just in your skin, but in how you carry yourself in the world.

### Looking Ahead

As we move into fall, we're excited about the new treatments and programs we're developing based on the latest research. Your feedback and results continue to guide our growth and innovation.

Here's to a season of confidence, beauty, and wellness!

With appreciation and excitement for your continued journey,

The Entire Allay Med Spa Team

Dr. Ravneet Nagi, MD | Licensed Estheticians | Aesthetic Nurse Injectors |  
Client Care Specialists

